

Psychology 52: Introduction to Substance Abuse Counseling
SAN JOAQUIN DELTA COLLEGE--FALL, 2008
Class Information Sheet

COURSE DESCRIPTION: Designed as an overview of the current standards of practice in the substance abuse counseling field, an emphasis will be placed on defining, assessing and treating both substance abuse and substance use disorders. Common counseling theories will be reviewed with an emphasis on how they are applied. Ethical and legal aspects pertaining to counseling and the counselor as well as current certification and licensure information will be covered.

Text: **ESSENTIALS OF CHEMICAL DEPENDENCY COUNSELING** (Third Edition)
Gary Lawson, Ann Lawson & P. Clayton Rivers, Aspen Publishing, (2001)
Gaithersburg, Md.

Course Outline: The following is a general guide for what the focus & reading assignment for the 16 weeks of class:

- Week 1 Orientation, Read Chapter 1
- Week 2 Traits of a Good Counselor, Chapter 1, continued.
- Week 3 Legal & Ethical issues, Read Chapter 2
- Week 4 Counseling as a Process, Read Chapter 3
- Week 5 Introduction to Assessment, Read Chapter 4
- Week 6 Group Counseling, Read Chapter 5
- Week 7 Family Counseling, Read Chapter 6
- Week 8 Dealing with Diversity, Read Chapter 7
- Week 9 Relapse Prevention, Read Chapter 8
- Week 10 Difficult & Reluctant to recover Client, Read Chapter 9
- Week 11 Harm Reduction, Read Chapter 10
- Week 12 Surviving in the Workplace, Chapter 11
- Week 13-14 New & Controversial Topics & Theories

Methods of Evaluation: Be prepared for a test weekly covering reading & lecture material. Weekly reaction papers may be assigned. All students will be responsible completing all assignments on or before they are due. **NO LATE WORK WILL BE ACCEPTED.**

POINTS ARE AWARDED UP TO:

100 points for weekly tests
100 points for reaction papers
100 points for term paper
100 points for final exam

A= 350-400 POINTS B= 300-349 C= 250-299 D=200-249 F= BELOW 248

ATTENDANCE HAS BEEN SHOWN TO BE INVALUABLE. While it is not mandatory you may each student is responsible for completing the above assignments. In case of extreme medical or personal emergencies make sure to notify and discuss with me so that your grade will not be jeopardized. I do not have an office on campus. You may reach me by phone @ my private office (209) 473-4211, by e-mail @ RogerYates98@hotmail.com or my office address 2155 W. March Lane, Suite, 2-B, Stockton, Ca 95207.

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